

Van de Kamps Maple Pecan Cookies

The nutty taste of the pecans with the rich maple makes these cookies a sure winner.

Makes about 1-1/2 dozen

Preheat oven to 350°F
Prepare two baking sheets with parchment paper

300 grams pastry flour (Bob's Red Mill®)
1 tbsp dry milk powder (for baking)

1 tsp sea salt

293 grams brown sugar (C&H® Brand)

84 grams unsalted butter, softened (Trader Joes®)

81 grams vegetable shortening (Crisco®)

1 tbsp corn syrup, light (Karo®)

1/2 tsp pure maple flavoring (LorAnn Super Strength)
84 grams *whole eggs, blended (less than 2 eggs)
30 grams pecans, coarsely chopped (Trade Joes®)

- 1. In a medium bowl weigh flour, add milk powder and salt. Set aside.
- 2. In a mixing bowl with paddle attachment, blend brown sugar, butter and shortening on medium speed until creamy, about 5 minutes. Scrape the sides of the bowl. Add corn syrup and maple flavoring. Scrape bowl, add eggs in a stream with mixer on.
- 3. Add dry mixture to the mixer. Add pecans, blending well.
- 4. Using a #24 disher, scoop dough onto prepared baking sheet. Three, by two by three so you have eight balls of dough. Wet your hand and using your palm, press the dough down to flatten. You can add a half pecan on top if you wish.
- 5. Bake in preheated oven for 10-12 minutes or until dry looking. Let cool on pan before removing.

Notes:

*Only use 84 grams of whole eggs as if you use more the cookies will be cake-like. If you want a crunchy cookie, wait until the next day to eat. They crisp up after they dry a bit.

Amazon:

Ingredients:

Pure maple flavoring: LorAnn Brand: https://amzn.to/3w7ynfk

Dry Milk Powder: https://amzn.to/3rei7WR Red Mill Pastry Flour: https://amzn.to/3rcUe1K

Tools:

Gram Scale: https://amzn.to/3AK9ne8
#24 Disher: https://amzn.to/3GB37GO
Off-Set Spatula: https://amzn.to/32SMgl8
Parchment Paper: https://amzn.to/3AVsJwZ
1/2 sheet baking pans: https://amzn.to/3rpzXX7