

Pork Blu-Piccata

Similar to the Chicken Piccata but with the added boost of blue cheese

Serves 4

4 1/2 to 3/4" thick pork loin roast pieces.

1/3 cup all-purpose flour

Salt and pepper

2 tbsp grated Parmesan cheese

4 tbsp extra virgin olive oil

4 tbsp unsalted butter

1/2 cup chicken stock or dry white wine 3 tbsp freshly squeezed lemon juice

1/4 cup capers

3 oz blue cheese crumbles 1/4 cup freshly chopped parsley

- 1. In a shallow plate, mix flour, salt, pepper, and grated Parmesan. Dredge pork in a mixture, until well coated on both sides
- 2. In a large skillet, on medium heat olive oil and butter in batches, do not crowd the pan—Brown well on each side, about 4 to 6 minutes per side. Remove the pork from the pan and reserve to a plate. Cook the other pork slices in the same manner, remove from pan. Cover with aluminum foil and keep warm in the oven while you prepare the sauce.
- 3. Add the chicken stock (or white wine), lemon juice, and capers to the pan. Use a spatula to scrape up the browned bits. Reduce the sauce by half. Whisk in the remaining butter and blue cheese. Place the pork on a plate and serve with the sauce poured over the pork. Sprinkle with parsley.