

Chicken and Dried Plum Sauce Over Pasta

A fruit pasta sauce is wonderful if you have never enjoyed it. Try with a dry white wine for flavor. Makes 2 cups

8 oz dried plums, chopped

2 cups hot water

1/3 cup unsalted butter

12 oz cooked chicken breasts, sliced

1 cup dry red wine1 cup chicken stock

1/8 tsp freshly ground nutmeg

1/8 tsp sea salt

1/8 tsp freshly ground black pepper

1 lb fettuccini Pasta, cooked and drained.

- 1. In a medium bowl, soak plums in hot water for 10 minutes. Drain
- In saucepan, on medium heat melt butter. Add chicken and plums. Add wine and bring to a boil until all wine is evaporated, about 5 minutes. Add the stock, nutmeg, salt and pepper. Simmering until thickens, about 5 minutes.
- 3. Toss pasta with sauce. Serve hot.